

L'OCA<sup>TM</sup>  
QUALITY MARKET

# EXPANSION SALE

We are **EXPANDING** our food services  
to bring you a **Burger Bar & Super Deli!**



To make room we must say goodbye to some incredible products

**50% OFF** ALL KITCHENWARE &  
100'S OF ITEMS IN-STORE

**DOORS OPEN AT 8 AM**

340 Baseline Road  
Sherwood Park  
Alberta T8H 2N4

Call or Text Us! 587.871.5622 /// [LOCA.CA](http://LOCA.CA)

**VALID AUG 22 - SEP 4**



50% OFF ALL KITCHENWARE & COOKBOOKS



100'S OF PRODUCTS TO CHOOSE FROM  
HOUSEWARE • COOKBOOKS • BAKEWARE

\$137.25

Reg. \$274.49

MADE IN  
POTS



\$137.25

Reg. \$274.49

MADE IN  
PANS



\$140.00

Reg. \$279.99

LODGE  
CAST IRON DUTCHOVEN



\$165.00

Reg. \$329.99

LARCHWOOD  
CUTTING BOARDS



\$100.00 OFF

Reg. 298.99 - \$349.99/ea

AARKE  
CARB III



\$185.00

Reg. \$369.99

FINEX CAST IRON  
SKILLET



\$14.15

Reg. \$28.29

BODUM



\$29.00

Reg. \$57.99

GROSCHÉ COFFEE MAKER



PYRO

PIZZERIA & ROTISSERIE

OPEN 11AM - 9PM



AUG 22ND  
LIMITED  
TIME  
TIL SEP 4TH

Feature Sandwich  
**CHICKEN PARM  
SANDWICH**

Breaded Lemon Rosemary  
Brined Chicken, Homemade  
Marinara, Peppers, Fior di Latte  
Mozzarella, on a Garlic Butter  
Ciabatta, topped with Parmesan

**\$16.00**

**WHAT MAKES OUR PIZZA DIFFERENT?  
OUR PIZZA DOUGH**

Did you know that we ferment our pizza dough for a minimum of 36 hours to achieve the perfect crust and chew? Each one of our pies are hand-stretched and topped with the highest quality ingredients.

**JUMBO SLICES**



**BUY 2  
GET 1  
FREE**

Flavours:  
Carnivore, Sherwaiian,  
Three Cheese, NY Pepperoni,  
Herbivore

**12" PIES**



**2 FOR  
\$30**

Flavours:  
Carnivore, Sherwaiian, Three Cheese,  
NY Pepperoni, Herbivore,  
Neo Margherita, Sicilian, Prosciutto



# GOURMET MEALS

From our chefs' hands to your table.  
Over 200 meals, salads, and soups, made from scratch everyday

**20% OFF**  
**ALL L'OCA**  
**ENTREES**

- Lasagna
- Spaghetti & Meatballs
- Mac & Cheese with Brisket
- Beef Vindaloo & Coconut Rice
- Butter Chicken & Jasmine Rice
- Shepards Pie and More!!



**LASAGNA**  
**\$22.31**  
Was \$27.89

**SPAGHETTI & MEATBALLS**  
**\$16.71**  
Was \$17.89

Our chef-prepared salads are made in-house daily,  
using the freshest ingredients.

**BEET & RASPBERRY**  
**SALAD**



**\$14.89**

**THAI CRUNCH SALAD**  
with Blackened Chicken



**\$17.89**

**CAESAR SALAD**  
with Blackened Chicken



**\$14.89**

**20% OFF** **ALL L'OCA**  
**SOUPS**

Made with the freshest, highest-quality ingredients  
Our house made soups are perfect for a quick meal.

**FORNO ROASTED**  
**TOMATO**



**\$7.11**  
Was \$8.89

**FOREST**  
**MUSHROOM**



**\$7.91**  
Was \$9.89

**ROTISSERIE**  
**CHICKEN NOODLE**



**\$7.11**  
Was \$8.89

**BROCCOLI**  
**CHEDDAR**



**\$7.11**  
Was \$8.89

**THAI CHICKEN**  
**& COCONUT**



**\$8.71**  
Was \$10.89

**GOURMET**  
**SANDWICHES**

Our Sandwiches are made in-house day, with fresh made bread  
from our bakery. Perfect for packing back to school lunches.

**ROAST BEEF**



**\$9.89**

**SUPER ITALIAN PADRINO**



**\$9.89**

**BAHN MI**



**\$12.49**

**TURKEY & BRIE**



**\$11.89**

**DID YOU KNOW?**  
*We hand roll*  
*our own sushi*

Our master sushi chef brings over  
30 years of working with the world's  
best seafood and Japanese products.  
Made fresh, in house everyday.



**\$8.89**

**SPICY TUNA**  
**ROLL**

**\$8.89**

**CALIFORNIA**  
**ROLL**

**\$12.49**

**TEMPURA PRAWNS**  
with Chipotle Aioli



## THE BAKER & PÂTISSERIE

### THE RECIPE FOR OUR “*World Class*” SOURDOUGH IS SIMPLE

Combine 3 Ingredients: Flour, Salt, & Water. Proof 36 Hours. Bake Fresh Daily.  
No Preservatives. Not Additives. Just Goodness



### WE HAVE A STYLE & FLAVOUR FOR EVERYONE

Whole Wheat Sunflower Sourdough

Multigrain Sourdough

Light Rye Caraway Sourdough

Dark Rye Sourdough

Jalapeno Cheddar Sourdough

Fruit & Nut Sourdough

**BUY 1  
GET 1  
50% OFF**



**L'OCA  
WHITE SANDWICH LOAF**  
The perfect base for any style of sandwich

*Chocolate*  
**BANANA  
LOAF**

**BUY 1 GET 1 FREE**



*Homemade Fresh &*  
**ALWAYS  
AVAILABLE**

Housemade granola,  
cookies, pies, cupcakes,  
cinnamon buns & more



L'OCA  
COOKIES



L'OCA  
GRANOLA



L'OCA  
CINNAMON BUNS



L'OCA  
PIES

## L'OCA CHOCOLATE CHARITY BEAR

The bear symbolizes strength, vitality,  
courage, and family.

By purchasing our L'OCA Charity Bear,  
you will contribute to rebuilding  
efforts for the Jasper community.

**A portion of proceeds will  
go to the Jasper Park  
Wildfire Relief Fund.**



Baby Bear

**\$10**



Mama Bear

**\$55**



Papa Bear

**\$225**



### KIDS' CAKES

4-INCH

**\$65.00**

6-INCH

**\$95.00**

Choose from:  
Monster, Llama, Hedgehog, Bear, and Fox

**NEED A CUSTOM CAKE? LOOKING TO PLACE A LARGE PASTRY ORDER?**  
Contact our Bakery team! **Phone: 587.871.5622 | Email: [bakery@loca.ca](mailto:bakery@loca.ca)**

## CAFÉ

### *Introducing Our* **PUMPKIN SPICE LATTE**

What makes our L'OCA Pumpkin Spice Latte different?

#### OUR COFFEE, OF COURSE!

Meticulously sourced, our in-house roasted beans perfectly  
complement the warm spices of pumpkin pie in this classic latte.

8 oz

**\$4.25**

12 oz

**\$5.00**

16 oz

**\$5.75**





# THE BUTCHER

BUTCHER SELECTED ALBERTA BEEF • LOCAL PIGS & CHICKENS  
UNIQUE & TRADITIONAL CUTS • NEXT DAY CUSTOM ORDERS

## WEEKDAY-EASY READY-TO-COOK CHICKEN AVAILABLE DAILY

We offer a wide selection of marinated and ready-to-cook options, prepared fresh in-house daily by our expert butcher team

### CHICKEN CORDON BLEU

Butterflied to perfection, generously rubbed with mustard, stuffed with Black Forest ham and Swiss cheese. Rolled and breaded for that irresistible, golden crunch.

#### COOKING

Preheat oven to 375°F and cook for approximately 25 minutes or until the chicken reaches an internal temperature of 165°F

**\$10.99/LB**  
(\$24.18/kg)

Reg. \$13.60/lb | \$29.99/kg



**\$8.99/LB**  
(\$19.78/kg)

Reg. \$12.27/lb | \$26.99/kg

### BREADED CHICKEN CUTLETS



**\$9.49**  
(\$20.88/kg)

Reg. \$12.49/lb | \$27.48/kg

### CHICKEN FAJITA



## L'OCA MEAT SKEWERS SIMPLE & DELICIOUS

**\$3.99**  
/EA

#### CHICKEN

GREEN GODDESS

TANDOORI

YUCATAN

#### BEEF

ARMENIAN

CHIMICHURRI

#### PORK

KOREAN BBQ

## GROUND IN-HOUSE DAILY USING THE BEST ALBERTA BEEF FROM SMALL RANCH PRODUCER, NORTH COUNTRY

EVERYDAY  
PRICE



**\$4.00**  
/EA

or \$16.00/4 pk

### 6oz 80/20 BEEF BURGER PATTIES



**\$8.49/LB**  
(\$18.70/kg)

Reg. \$11.32/lb | \$24.90/kg

### EXTRA LEAN GROUND BEEF



**\$7.99/LB**  
(\$17.50/kg)

Reg. \$9.05/lb | \$19.90/kg

### LEAN GROUND BEEF



L'OCA house-blend  
ground beef  
pre-mixed with  
our secret taco  
spice blend

**\$9.05**  
/LB  
\$19.90/kg

### GROUND BEEF TACO MIX

LOOKING FOR A SPECIFIC CUT?  
NEED A LARGER ORDER?

Contact our Butcher team!

Phone: 587.871.5622  
Email: [butcher@loca.ca](mailto:butcher@loca.ca)





# Hot L'OCA PASTA BAR

FRESH, HOUSE MADE, EVERYDAY, 11AM – 7PM

Did you know that we make our pasta fresh, from scratch, in-house every day?  
We have over 20 fresh pastas available, choose from extruded or stuffed.  
Let us prepare it for you hot or take home to prepare yourself.

EXTRUDED PASTA MEAL \$11

STUFFED RAVIOLI MEAL \$14

## STEP 1: CHOOSE YOUR PASTA

Choose your favourite from our rotating selection of fresh pasta, made in-house everyday

### EXTRUDED PASTA

- Saffron Angel Hair
- Spaghetti
- Linguine
- Mafaldine
- Ditalini
- Fusilli
- Beetroot Garganelli
- Bucatini
- Chitarra
- Rigatoni

### STUFFED RAVIOLI

- Ricotta Niçoise Ravioli
- Roasted Garlic, Spinach & Ricotta Ravioli
- White Truffle, Potato & Leek Ravioli
- Italian Sausage Ravioli
- Chicken, Caramelized Onion & Thyme Ravioli
- Lobster & Black Tiger Prawn Ravioli
- Mushroom, Ricotta & Black Truffle Ravioli

## STEP 2: CHOOSE YOUR SAUCE

ALFREDO • FRESH BASIL PISTOU • NONA'S BOLOGNESE

## STEP 3: LET US PREPARE IT & TOP IT OFF

16-MONTH-AGED PARMIGIANO REGGIANO • OLIVE OIL • CRACKED PEPPER

## STEP 4: ENJOY HOT IN-STORE OR TAKE HOME

# UP YOUR SNACK GAME

L'OCA IS YOUR DESTINATION FOR SNACKS

## IN THE MOOD FOR SOMETHING SWEET?



ALL  
CHOCOLATE  
BARS



Reg. \$8.29 | Now \$7.46

LOVE COCOA  
CHOCOLATE



Reg. \$5.89 | Now \$5.30

SEATTLE  
CHOCOLATE



Reg. \$5.99 | Now \$5.39

ENDANGERED  
SPECIES BARS



Reg. \$5.79 | Now \$5.21

LINDT  
CHOCOLATE

## IN THE MOOD FOR SOMETHING SALTY?



Reg. \$5.39 | Now \$4.58

HUMBLE  
POTATO CHIPS



Reg. \$4.89

KETTLE  
POTATO CHIPS



Reg. \$4.69

HARDBITE  
POTATO CHIPS

## CAN'T DECIDE? GRAB SOMETHING SWEET & SALTY!



ALL  
L'OCA CANDY  
& SNACKS



Reg. \$3.99 | Now \$3.39

TOKYO  
MIX



Reg. \$5.99 | Now \$5.09

WATERMELON  
SLICES



Reg. \$5.99 | Now \$5.09

SOUR PEACH  
RINGS



Reg. \$8.99 | Now \$7.64

DARK CHOCOLATE  
GRAHAM CLUSTERS





DELI & DAIRY

Farm Fresh Dairy

CRAFTED WITH ALL NATURAL 100% A2 MILK. FROM COW TO OUR COOLERS IN JUST 3 DAYS. MADE IN COALHURST, ALBERTA.



\$6.49  
650 ML L'OCA YOGURT  
ALL FLAVOURS



UNMATCHED QUALITY  
IN EVERY EGG

Meet the farmers behind our eggs,  
graded right here in Nobelford, AB.

\$7.29  
LARGE L'OCA EGGS  
12 PACK

\$14.49  
LARGE L'OCA EGGS  
30 PACK

25% OFF  
EMMI CAVE-AGED GRUYERE

Cheese from the Swiss Alps, versatile,  
lactose-free, perfect for snacking, melting  
on potatoes, throwing in a grilled cheese,  
and topping a french onion soup!

15% OFF  
Reg. \$8.99-\$10.99/ea  
Now \$6.74-\$9.34/ea

FINE CHEESE CO.  
BISCUITS

20% OFF  
Reg. \$11.99-\$14.99/ea  
Now \$9.59-\$11.99/ea

COW'S CREAMERY  
CANADIAN CHEDDARS

20% OFF  
Reg.\$72.90/kg | Now \$58.32/kg

FORMAGERIE  
BLACKBURN

20% OFF  
Reg.\$45.29/kg | Now \$36.23/kg

SYLVAN STAR CHEESE  
GRIZZLY GOUDA

\$5.59 /EA  
Reg. \$6.99/ea

PIONEER HAM SLICES  
Maple Pepper & Country Style

20% OFF  
Reg.\$39.90/kg | Now \$31.92/kg

LILYDALE TURKEY BREAST  
Mesquite & Sun Dried Tomato

25% OFF  
Reg. \$10.99 | Now \$8.24

BRICKSTONE  
CHEESE PLEASER  
SPREADS

BUY 2, GET 1  
FREE  
Reg. \$5.69/ea

SIKORSKI MINI KABANOS

PRODUCE

Did you know that our local dill, carrots, beets,  
and onions are ordered, picked, and delivered  
from a Fort Saskatchewan farmer to our store the  
very next day? That's freshness you can't beat!

30% OFF  
ALL SCOTFORD COLONY  
PRODUCE

\$8.00 /EA  
Reg. \$10.00/ea

NEW! 3\$5 FOR 5

PEACH SMOOTHIE  
16 OZ (473 ml)

\$8.00 /EA  
Reg. \$10.00/ea

AVOCADO

\$8.00 /EA  
Reg. \$9.99/ea

NEW!

GOOSE JUICE  
16 OZ (473 ml)

\$8.00 /EA  
Reg. \$9.99/ea

NEW!

STRAWBERRY LEMONADE  
16 OZ (473 ml)

30% OFF  
ALL 16 OZ FRUIT CUPS

\$4.99 /EA  
Reg. \$6.99/ea

3 LB BAG OF APPLES  
Granny Smith  
Macintosh  
Ambrosia  
Gala

\$4.99 /EA  
Reg. \$7.99/ea

3 LB BAG OF NAVEL ORANGES

\$4.99 /EA  
Reg. \$7.99/ea

2 LB BAG OF CLEMENTINES



# L'OCA FLORAL

*Embrace the Freshness*

We've partnered with local farmers to bring the freshest blooms.  
In summer, our single stems are cut on the day of delivery,  
ensuring peak freshness

**30% OFF**

**ALL FLORAL  
HARDGOODS**



## BRING ON THE SINGLE STEM BAR

Our stem collection is curated to offer you an unrivaled variety that you will not find anywhere else. Let our floral experts create a unique bouquet while you shop.

**\$33.60**

Reg. \$42.00

**MEDIUM  
BOUQUETS**



## HANDCRAFTED BOUQUETS AT A FAIR PRICE

Small, Medium And Large Bouquets

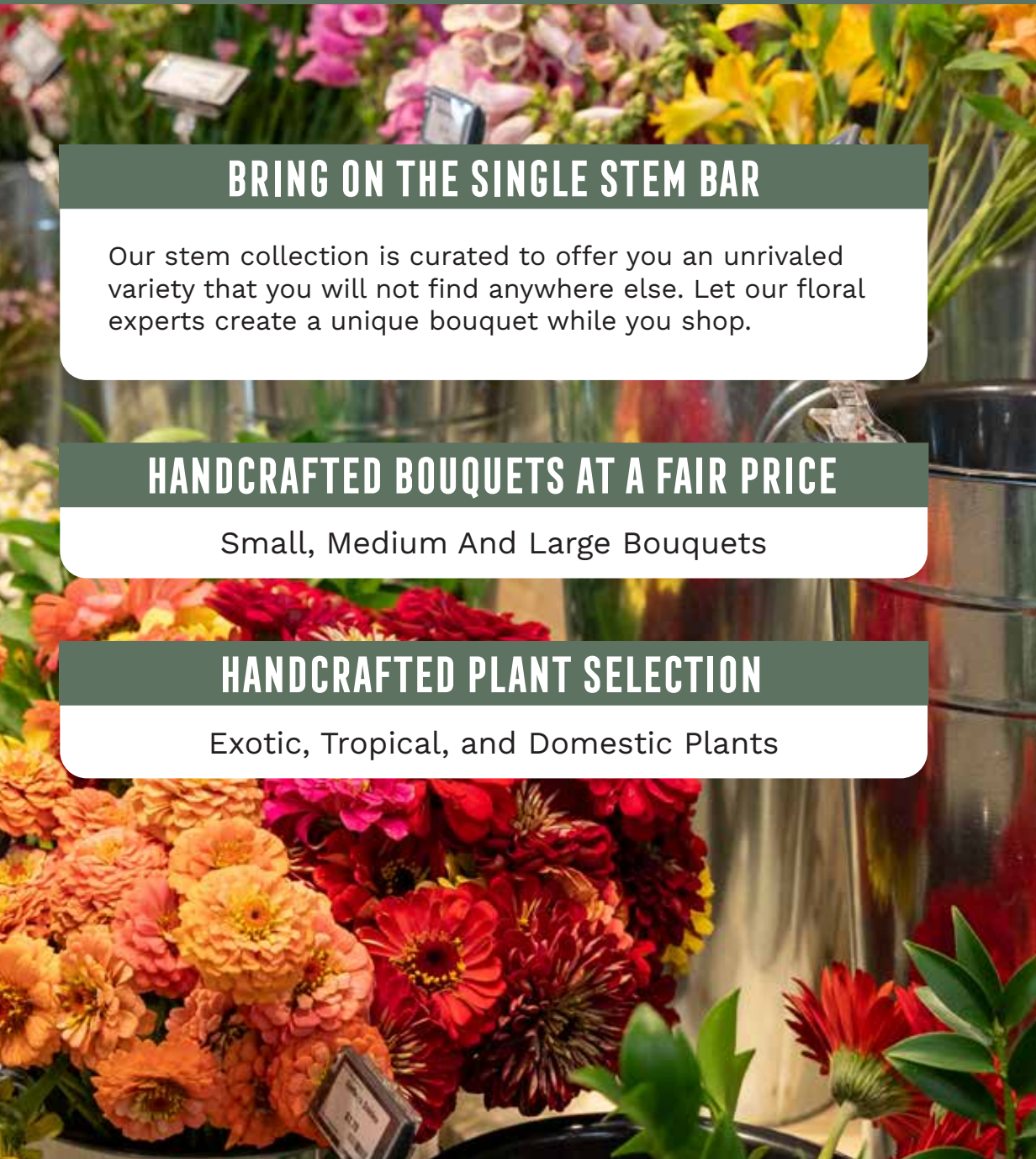
## HANDCRAFTED PLANT SELECTION

Exotic, Tropical, and Domestic Plants

**\$16.91**

Reg. \$19.89

**BOSTON FERNS**



Need a custom bouquet or multiple arrangements?  
Call us at 587 871 5622 or email us at [floral@loca.ca](mailto:floral@loca.ca)



## L'OCA ROAST CHICKEN

Complete the meal:  
Scan the QR code for  
recipes for sides!

### INGREDIENTS

- 1 whole L'OCA chicken (5 lb)
- 2 tbsp olive oil
- 10 g salt
- 15 g L'OCA creole seasoning

### STEPS

#### PREP

Preheat your oven to 250°F (120°C).

Pat the chicken's skin dry with paper towels. Trim any excess fat, especially near the tail. Fold the wings inward and truss the chicken with kitchen twine.

#### ASSEMBLE

Coat the chicken with olive oil and salt, then generously sprinkle Creole seasoning both inside and out.

Place the chicken in a roasting pan and cook in the preheated oven until an internal temperature of 150°F (65°C) is reached, between 1-1.5 hours, depending on your oven's strength.

#### CRISP

Remove the chicken from the oven and tent loosely with foil. Let it rest for about 15 minutes.

Raise the oven temperature to 450°F (230°C). Return the chicken to the oven and cook until the skin is golden brown and crispy, about 12-15 minutes.

Slice and serve the chicken.

SCAN TO  
WATCH VIDEO





GROCERY

\$7.19  
/EA

Reg. \$7.99/ea

ALDERWOOD  
FRENCH FIRES



15%  
OFF

AMY'S BURRITO



15%  
OFF

ANNIES MAC & CHEESE

All Flavours



15%  
OFF

ANNIES CRACKERS

All Flavours



\$9.00  
/EA

Reg. \$12.00/ea

DAIYA MAC & CHEESE



\$4.71  
/EA

Reg. \$5.89/ea

ENJOY LIFE CHIPS



20%  
OFF

ENVIROKIDZ CEREAL



20%  
OFF

EVIVE SMOOTHIES



15%  
OFF

APPLESNAX  
APPLESAUCE

All Flavours



20%  
OFF

Reg. \$4.59 | Now \$3.67

BARBARA'S  
CHEESE PUFFS



20%  
OFF

Reg. \$6.99 | Now \$5.59

BARBARA'S CEREAL  
PUFFINS



15%  
OFF

BEYOND MEAT  
PRODUCTS



\$5.77  
/EA

Reg. \$6.79/ea

FAIRLIFE MILK 1.5 L



\$3.99  
/EA

Reg. \$4.99/ea

FIVE ALIVE

Berry Citrus & Passion Peach



\$3.99  
/EA

Reg. \$4.99/ea

FONTAINE SANTE  
HUMMUS - All Flavours



\$8.24  
/EA

Reg. \$9.69/ea

JIF PEANUT BUTTER



\$2.99  
/EA

Reg. \$3.99/ea

BIOSTEEL SPORTS DRINKS



\$3.99  
/EA

Reg. \$4.69/ea

BOB SNAIL FRUIT ROLLS



\$2.24  
/EA

Reg. \$2.99/ea

BOB RED MILL  
OATMEAL CUPS



10%  
OFF

CHEERIOS - All Flavours



\$1.99  
/EA

Reg. \$2.89/ea

KIJU JUICE



\$3.05  
/EA

Reg. \$3.39/ea

QUAKER  
GRANOLA BARS



\$2.99  
/EA

Reg. \$4.99/ea

YOPLAIT TUBES



\$1.27  
/EA

Reg. \$1.49/ea

YOP YOGURT DRINKS



\$3.59  
/EA

Reg. \$3.99/ea

CHIPS AHOY  
MINI CHOCOLATE CHIPS  
& RAINBOW CHIPS



10%  
OFF

CHOSEN FOODS  
AVOCADO OIL & SPRAY



15%  
OFF

CROFTERS  
FRUIT SPREADS



20%  
OFF

Reg. \$9.99 | Now \$7.99

NUTELLA



30%  
OFF

PRANA  
GRANOLA CEREAL  
& OVERNIGHT CHIA



25%  
OFF

KRINOS TWISTERS



20%  
OFF

RITZ CRACKERS



20%  
/EA

Reg. \$6.29 | Now \$4.72

NATURE'S PATH  
FROZEN WAFFLES





# ORO

## MODERN ITALIAN. FINEST INGREDIENTS. INTIMATE SPACE.

Our dishes are crafted using only the finest ingredients.  
Showcasing our pasta, made fresh in-house everyday.

### FEATURING:



#### ARANCINI

*Crispy saffron risotto stuffed with fresh mozzarella, house made spicy arrabbiata dipping sauce*



#### BURATTA SALAD

*Heirloom tomato, pistachio pesto, parsley, Espelette pepper*



#### SPICY RIGATONI

*Vodka rosé sauce, house made hot Italian sausage, Parmigiano Reggiano*



#### BRUSCHETTA

*Heirloom tomato, anchovy, fresh basil, confit garlic, toasted sourdough focaccia, Modena balsamic*



#### OSSO BUCCO

*Braised in Barolo wine, saffron risotto Milanese, crispy parsley gremolata*



#### BISTECCA 12 OZ.

*North Country Farms dry-aged striploin, rappini sauteed with lemon, balsamic jus*

# PYRO

Home Of Canada's Largest Indoor, Custom-Built Wood-Fired Grill  
**PRIME CUTS • FORNO PIZZA • SALADS • APPETIZERS • HANDHELDS**



#### GREEN GODDESS SALAD

*Crisp gem lettuce, charred broccoli, avocado, celery, apple, pickled lemon skin, green goddess dressing*



#### COMMANDERS SHRIMP

*Black tiger prawns, forno roasted with special spices, garlic, butter, beer, toasted baguette*



#### SMASH TACOS

*Two tacos, marinated ground beef Al Pastor, charcoal-grilled on a handmade flour tortilla, shredded cabbage, pickled red onion, cilantro, chipotle crema, charred pineapple salsa roja, lime*



#### HERBIVORE WOOD FORNO PIZZA

*Button mushrooms, blistered red peppers, broccoli, fresh tomato, feta, basil pesto, flat-leaf parsley, mozzarella*



#### TOMAHAWK STEAK

*Highlighting the craftsmanship of our in-house master butcher. Beautifully marbled with fat, bone-in ribeye. Sliced to share*



#### SALMON

*Wild BC line-caught, marinated in maple, soy, and sake, charred over a cedar plank*



Book Your  
Reservation Now

780.479.2271  
oroinfo@loca.ca

340 Baseline Road  
Sherwood Park, AB T8H 2N4

[orotrattoria.ca](http://orotrattoria.ca)



Book Your  
Reservation Now

780.577.9675  
pyroinfo@loca.ca

340 Baseline Road  
Sherwood Park, AB T8H 2N4

[pyrogrill.ca](http://pyrogrill.ca)

now on  
**DOORDASH**



# Concierge Services

Planning to throw a party or host an event? We've got you covered. We offer five versatile event spaces that can be fully customized to suit any occasion.

## EVENTS OF ALL KINDS

We cater to all types of events, from intimate gathering to large celebrations up to 300 people.

- Corporate Functions
- Weddings
- Birthday Celebrations
- Sports Team Parties
- Bachelor/Bachelorette Bash

## CATERING

On-site & off-site catering options.  
From 6 people up to 300 people.

- Sandwich Platters
- Pizza Spreads
- Charcutier & Cheese Platters
- Prepacked Gourmet Meals. Reheat & Serve.
- Customizable Chef Tasting Menus
- Continental & Pasty Platters

## GIFTS & CUSTOM CREATIONS

Elevate any event with L'OCA special touches.

- L'OCA Gift Cards
- Personalized Gift Baskets
- Custom Cakes
- House Made Chocolate Boxes
- Custom Flower Arrangements

## CLASSES & EXPERIENCES

Discover our range of classes—cooking classes and demos, wine and cheese tastings, sushi and sake pairings & more.

Check our calendar for events or book out our classroom for a customized experience.



**JOLENE,  
TEAM LEAD**

**OUR CONCIERGE TEAM  
CAN ASSIST WITH  
YOUR EVERY NEED**

**EMAIL:** [info@loca.ca](mailto:info@loca.ca)

**TEXT:** 587.871.5622

**WEB:** [loca.ca](http://loca.ca)



All items available while stocks lasts. Advertised prices do not include taxes, deposits, and environmental levies. Items advertised may not be exactly as illustrated. All offers are subject to change and may be withdrawn without notice. Sale is valid from August 22, 2024 - September 4, 2024. See in-store for more details.