

100% Canadian-owned and operated



Egystra bright yolks!

At L'OCA, "Quality for Less, Every Day" means exactly that. Prices stay locked for 365 days—no surprises, just honest value. And while prices stay steady, our quality never changes.

# **AAA GROUND BEEF**

Our ground beef is made from AAA or higher Alberta beef and is ground in-house daily for unbeatable freshness and quality.



VALUE PACK LEAN

VALUE PACK EXTRA LEAN GROUND BEEF

**\$17**.99

\$19.99

# L'OCA EGGS

Our eggs are free range, and are fed a GMO-FREE certified diet and are from right here in **Nobelford AB**.



\$6.99 \$15.99

2 LOCATIONS TO SERVE YOU BETTER

LOCA.CA

SHERWOOD PARK 340 Baseline Road

Call/Text: (587) 871.5622

EDMONTON 9106 142 Street

Call/Text: (780) 490.3737

# **GOURMET FOR LESS**

Our gourmet pizza, soup, pasta and sauces are crafted from scratch every day by our team of chefs.

PIZZA



2" HOT, COLD OR FROZEN PIZZA
2\$30

SOUP



ROTISSERIE CHICKEN NOODLE SOUP

\$**8**.99

**PASTA** 



**ORO SPAGHETTI** 

\$3.99 /EA **PASTA SAUCE** 



ORO MARINARA SAUCE

\$7.99

BREAD FOR LESS

No Preservatives!

FRENCH BAGUETTE



\$3<sub>/EA</sub>

WHITE & WHOLE WHEAT LOAVES



\$2.99

BAGELS



\$**6**,99

# **DELI & DAIRY FOR LESS**

Crafted with all natural 100% A2 milk. From cow to our coolers in just 3 days. Made in **Coalhurst, Alberta.** 





\$5.99

650 ML L'OCA YOGURT ALL FLAVOURS





\$2.90 /100 G



ARMSTRONG
MARBLE CHEDDAR
\$1.99



# PRODUCE FOR LESS

"Quality for Less" means fresh, reliable produce at prices that stay put.
We source l'ocally when we can and always choose quality you can count on.







**ENGLISH** 





**GALA APPLES** 

## **GROCERY STAPLES FOR LESS**



# L'OCA EXTRA VIRGIN OLIVE OIL

MARIOULA

Crafted from handpicked Koroneiki olives, yielding a vibrant, fruity oil with notes of almond, olive leaf, vanilla, and herbs balanced and low in acidity

24.99



# L'OCA COLOMBIAN COFFEE

V FORMATION

Single-origin coffee beans, roasted to a perfect medium with notes of apple, cocoa, and strawberry pecan. (Did you know we grind your beans for free?)

14.99 /340G





#### THE BUTCHER



**1**.99 /LB Reg. \$21.69/lb (\$47.82/kg)

Wh.



Reg. \$22.60/lb (\$49.82/kg)

AAA BASEBALL STEAKS



Reg. \$9.93/lb (\$21.89/kg)

AAA EXTRA LEAN GROUND SIRLOIN



\$33.05/kg

Reg. \$21.69/lb (\$47.82/kg)

AAA PICHANA STEAKS



.99/LB \$20.02/kg

Reg. \$11.29/lb (\$24.90/kg)

CHICKEN BREAST STIR-FRY

# 4oz BURGERS

4-pack of 4 oz frozen gourmet burgers, packed with flavour.



14 PK

Reg. \$10.99/4-Pack

4-PACK **LEAN BEEF PATTIES** 

Reg. \$12.99/4-Pack Reg. \$12.99/4-Pack

Reg. \$12.99/4-Pack

**BACON CHEDDAR** JALAPENO CHEDDAR **BEEF PATTIES BEEF PATTIES** 

**BACON PEPPER BEEF PATTIES** 

DRY-AGED

Available in-store August 30th

# **BUTCHER BOXES**

Nine unique varieties, crafted for every taste—from smoky grill favourites to hearty roasts and spiced selections.



## THE BAKERY



CHOCOLATE **NUTELLA BABKA** 

\$7.00 /EA Reg. \$9.00



**COOKIES** Select 6-Packs\*

2\$15 FOR 15

Reg. \$8.99



12 OZ COFFEE n *Au Chocolal* COMBO

\$7.00 /EA Reg. \$8.99



**POPPYCOCK** 

2\$15 FOR 15 Reg. \$8.99



**STRAWBERRY CHOCOLATE CUPS** 

Reg. \$9.99



Reg. \$6.99

# **PUMPKIN**



## **GOURMET MEALS**

### **BUY ANY ORO PASTA SAUCE, GET AN ORO PASTA FOR 20% OFF**

#### LONG & THIN

LINGUINE

\$4.49

PAIR WITH

**CACIO E PEPE** 

\$11.89



**SPAGHETTI** 

\$4.49

**PAIR WITH** 

MEATBALLS & MARINARA

3.99 /4 PK Reg. \$15.99/4-Pack

**BEEF PATTIES** 

#### TUBES & TWISTS





**RIGATONI** 

\$4.49

**PAIR WITH** 

**BOLOGNESE ARRABBIATA** 



\$8.89



**FUSILLI** 

\$4.49

**PAIR WITH** 

\$14.89 780m

#### **STUFFED PASTA**



**POTATO & LEEK REGTANGOLI** 

SAUSAGE RAVIOLI \$8.49 /ea

**ITALIAN** 

\$8.49 /ea

**PAIR WITH** 

PAIR WITH

**ALFREDO** 

ROSÉ







#### FRESH L'OCA PRODUCE

SAVE **SAVE** \$2 REG. \$10/16 oz REG. \$8.00/16 oz L'OCA ORANGE L'OCA APPLE JUICE JUICE C WARKET O O

REG. \$11.34/lb

L'OCA FRUIT SALAD



REG. \$5.29/lb

GREEN SEEDLESS GRAPES



#### **SNACK TO SCHOOL BOX**





#### **INCLUDES:**

- •Bag Of Apples
- •Oranges
- •Mini Cucumbers
- •Grape Tomatoes
- •Bunch Of Bananas
- •Bag Of Baby Carrots Dried Apple Chips
- •Bob Snail Fruit Rolls

#### **GROCERY**

**BECEL** Select Varieties



**SAVE** REG. \$9.79/EA



REG. \$7.29/EA

OATLY



**SAVE** REG. \$13.69/EA **NAKED & SAUCY** Soy Sauce



## **SAVE** REG. \$7.99/EA L'OCA 100g-200g SWP ONLY



MARC ANGELO Select Sliced Meats



**SAVE** \$1 REG. \$5.99/EA

LAUGHING COW Select Varieties 133g



2\$**9** 

SIKORSKI Mini Kabanos Select Varieties



## **STAY HYDRATED**

REG. \$2.79/500ml

**FLOW WATER** Select Flavours



SAVE \$1

REG. \$3.29/17oz REG. \$5.99/33.8oz

VITA COCO Select Varieties



REG. \$2.99/355ml

ZEVIA Select Flavours



SAVE \$1

REG. \$4.99/355ml

GARAGE

Kombucha Select Varieties



## **QUICK AND EASY**

**BOB'S RED MILL** Select Varieties



REG. \$5.89/398ml

**AMY'S KITCHEN** All Varieties



**HONEY STINGER** All Products



REG. \$13.49

**FARM GIRL** 

Select Cereal Varieties 280ml



2\$**9** 

REG. \$6.59/EA

Select Dried Pasta



2\$**7** REG. \$4.39/EA L'OCA PASSATA 720ml



\$1.99

REG. \$2.29/175G

**KRAFT DINNER** 



OFF

**CAPITAL** 

Select Sausage Varieties SWP ONLY



## COMFORT FOOD

**SAVE** \$1

REG. \$10.99/ea **BARREL** 

Select Snacks

OFF REG. \$5.99/ea

**CLASSICO** Select Pasta Sauces



OFF REG. \$5.99/ea

**JOVIAL** Select Pastas



**SAVE** \$1 REG. \$5.99/454g RESER'S Select Varieties

# ·DELI SANDWICH BAR·

\$1.50 OFF

# ALL FRESH SANDWICHES

Available at both L'OCA locations Aug 28<sup>th</sup> - Sept 10<sup>th</sup>























\*Present this coupon in-store at our Sherwood Park or 142 Street location by September 30, 2025, to receive 10% off L'OCA groceries. Limit one coupon per customer and per transaction. Offer cannot be combined with any other promotions or discounts.

