

VALID OCT NOV 6 - 19

L'OCA<sup>TM</sup>  
QUALITY MARKET

100% Canadian-owned  
and operated



# Fly By

DEALS... A WHOLE FLOCK OF SAVINGS

## BUTCHER



STOCK  
UP YOUR  
FREEZER

**GROUND  
BEEF BOXES** **\$32.99** /EA  
5 X 1LB FROZEN PACKS Reg. \$36.29/ea

## GROCERY



**EARTH'S  
OWN** **12% OFF**  
ASSORTED OAT BEVERAGE Reg. \$5.49-6.99

## PRODUCE



**CITRUS  
SUNBURST  
PLATTER** **SAVE  
\$10**  
Reg. \$39.99/ea

## BAKERY



**CANNOLI** **2\$5**  
FOR 5  
Reg. \$3.99/ea

**2 LOCATIONS**  
TO SERVE YOU BETTER

[LOCA.CA](http://LOCA.CA)

**SHERWOOD PARK**  
340 Baseline Road

Call/Text: (587) 871.5622

**EDMONTON**  
9106 142 Street

Call/Text: (780) 490.3737



GOURMET MARKET

PRODUCE

GOURMET MEALS

Over 200 Meals... Salads, Soups, Pasta, Sushi + So Much More! *Made From Scratch Everyday.*

10% OFF

Offer valid on all gourmet meals excluding pizza. Limited time only.



4\$2 FOR 2

REG. \$0.79/EA

LIMES



4\$3 FOR 3

REG. \$0.99/EA

LEMONS



\$1.99 /LB

\$4.39/kg

REG. \$2.49/LB (\$5.49/KG)

NAVEL ORANGES



\$2.99 /LB

6.59/kg

REG. \$3.99/LB (\$8.80/KG)

MANDARIN CLEMENTINE



SAVE \$1

REG. \$10/16 OZ

ZESTY AF ( ALL FRUIT) JUICE

16oz



BAKERY & CAFE



12 OZ DRIP COFFEE COMBO

\$5.99 /EA

Reg. \$7.50/combo



PUMPKIN PIE

\$15.00 /EA

Reg. \$18/ea



SUNFLOWER WHOLE WHEAT SOURDOUGH

\$7.00 /EA

Reg. \$9/ea



CHOCOLATE NUTELLA BABKA

\$6.00 /EA

Reg. \$9/ea

THIS WEEK'S *Petite Cake* BAKERY FEATURE



TIRAMISU



CITRUS SWIRL TART

SAVE \$6

2\$12 FOR

Reg. \$8.99/ea

THE BUTCHER



SAVE \$3/LB

\$12.83 /LB

\$30.84/kg

Reg. \$15.83/lb (\$34.89/kg)

AAA CHUCK ROAST



SAVE \$2/LB

\$11.56 /LB

\$25.49/kg

Reg. \$13.56/lb (\$29.88/kg)

PORK PORCHETTA ROAST



SAVE \$2/LB

\$11.15 /LB

\$24.58/kg

Reg. \$13.15/lb (\$28.98/kg)

CHICKEN CORDON BLEU



10% OFF

FROZEN, VARIOUS CUTS

AAA BEEF MARROW BONES

AAA GROUND BEEF BOX

5 X 1LB FROZEN PACKS

\$32.99 /EA

Reg.\$36.29/ea



15% OFF

REG. \$3.44/100G

L'OCA

Mild & Spicy Snacker Platter 300g



SAVE \$1

REG \$5.99/EA

DAVID PROTEIN Protein Bars 58g



SAVE \$1

REG. \$9.99/EA

BECK'S BROTH Protein Drink Mix Assorted



SAVE \$2

REG. \$36.49/EA

GOOD PROTEIN Protein Powder | 440g



SAVE \$1

REG. \$15.99/EA

TRUELY CEREAL Selected Varieties 200g



\$3.99 /EA

REG. \$4.79/EA

GUMMY GAINZ Protein Candy 50g



SAVE \$1

REG. \$5.99/EA

CORE POWER Lactose-Free Protein Shake 414ml



SAVE \$1

REG. \$6.99/EA

JOYYA Ultra-Filtered Milk Assorted | 1L



SAVE \$2

REG. \$13.99/PK

SIMPLY PROTEIN Protein Bar Pack Assorted Varieties



SAVE \$1

REG. \$4.99/EA

GENERAL MILLS Select Cereal



SAVE \$1

REG. \$6.49-10.79/EA

KRAFT PEANUT BUTTER Assorted Varieties



SAVE \$1

Reg. \$11.99-12.99/EA

CAMINO HOT CHOCOLATE Assorted Flavours



2\$8 FOR 8

Reg. \$4.99/EA

HARDBITE Chips 150g



SAVE \$1

Reg. \$10.99

WHITewater COOKS Dressing 350ml



\$5 /EA

Reg. \$6.49

CASTELLO Assorted Cheese 165g



15% OFF

LILYDALE Kentucky Chicken Breast



10% OFF

Reg. \$13.98/330g

QUESO Cotija Cheese



15% OFF

Reg. \$6.90/100g

ILCHESTER Applewood Smoked Cheddar



10% OFF

SUNNY BOY Local Cereal & Grains



15% OFF

L'OCA SWEETS Assorted





ORO

# Wine Club

November 20, 2025

## *The French Connection*

FIVE-COURSE CHEF'S  
TASTING MENU

EXCEPTIONAL WINES FROM  
FRANCE & CANADA



Scan the QR code to  
secure your spot, limited  
spaces available.

\$125

GST & Gratuity included



PYRO

MOVEMBER  
SPECIAL

One Old Fashioned at a time.



RAISE A GLASS FOR A CAUSE!

For every Old Fashioned  
purchased, enjoy **\$2 off** your drink,  
and we'll **donate \$1 to Movember**  
to support men's health initiatives.

**FEATURING REIFEL RYE**  
*Proudly Distilled in Alberta*

LOCA  
QUALITY MARKET

Items advertised may not be exactly as shown. Prices do not include taxes, deposits, and environmental levies. Offers are subject to change and may be withdrawn without notice. All purchases are subject to availability at the time of sale. Rain checks are not issued. Sale items are valid from Nov 6 - Nov 19, 2025. See in-store for more details.

LOCA.CA