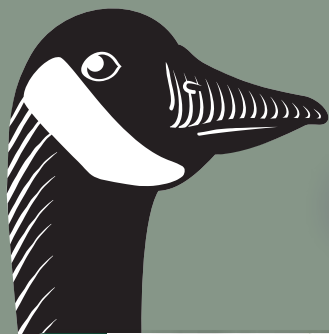


VALID  
MAY 8 - MAY 21

L'OCA<sup>TM</sup>  
QUALITY MARKET

100% Canadian-owned  
and operated



# Fly By

DEALS...

A WHOLE FLOCK OF SAVINGS

BAKERY



L'OCA BAKERY  
COOKIES

2\$14  
FOR

Reg. \$8.99/ea

BUTCHER



VALUE  
PACK

LEAN  
GROUND  
BEEF

\$6.81/LB  
\$14.99/kg

Reg. \$7.49/lb (\$16.50/kg)

PRODUCE



SAVE  
\$2

1 PINT  
BLUEBERRIES

\$4.99  
/EA

Reg. \$6.99/ea

GROCERY



YO MAMA'S  
SUGAR-FREE  
CONDIMENTS

\$6.66  
/EA

Reg. \$8.49/385g

2 LOCATIONS  
TO SERVE YOU BETTER

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340 Baseline Road

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# GOURMET MEALS

## TACO TUESDAY

Starting from

# \$10

(Regular \$15.99 / kit)

Korean Chicken Taco

1 KIT FEEDS  
2 PEOPLE



## ROTISSERIE WEDNESDAYS

LEMON ROSEMARY  
ROTISSERIE CHICKENS

# \$11.99

/EA

REG. \$16.00



## THE BAKERY



CHEESE BUNS

### \$5.99

/EA

Reg. \$6.99

SAVE  
\$2



MULTIGRAIN SANDWICH LOAF

### \$5.00

/EA

Reg. \$7.00



CITRUS SWIRL TART

### 2 \$12

FOR

Reg. \$8.99



TIRAMISU SQUARE

### 2 \$12

FOR

Reg. \$8.99



CARROT CAKE SQUARE

### \$4.99

/EA

Reg. \$5.99

L'OCAL CAFE  
*Loves Lemonade*

### \$5.49

/EA



Blackberry Rose Lemonade

Original Lemonade

Yuzu Strawberry Lemonade

## THE BUTCHER



### \$12.99

/EA

Reg. \$20.00/ea

WHOLE CHICKEN



### \$9.99

/EA

Reg. \$11.99/ea

SHRIMP GYOZAS



### \$19.49/LB

\$48.88/kg

Reg. \$24.95/lb (\$54.90/kg)

AAA DENVER STEAKS



### \$6.99/LB

\$15.38/kg

Reg. \$7.95/lb (\$17.50/kg)

LEAN GROUND BEEF



### \$19.99/LB

\$43.98/kg

Reg. \$22.68/lb (\$49.90/kg)

MEDITERRANEAN SALMON FILLET



## L'OCA BURGER PATTIES

BACON & BLACK PEPPER

### \$4.50

/EA

MESQUITE

### \$4.50

/EA

DRY-AGED

### \$5.50

/EA

WAYGU

### \$6.00

/EA

# PRODUCE

**SAVE \$4**

REG. \$20.99/EA

**MOTHER'S DAY BOUQUET**



**SAVE \$2**

REG. \$40.00/EA

**CELEBRATION FRUIT TRAY**



**\$5.99 /EA**

REG. \$6.99/1 Pint

**LOCAL MEDLEY TOMATOES**

1 Pint



**\$4.99 /EA**

REG. \$5.99/6 oz

**RASPBERRIES**

6 oz



**\$21.99 /EA**

REG. \$29.99/ea

**6" POTTED HYDRANGEAS**



# GROCERY

**2\$7.77 FOR**

REG. \$4.99/EA

**HARDBITE CHIPS**

150g



**\$2.22 /EA**

REG. \$2.99/EA

**CLIFF BARS**

All Flavours



**2\$4.44 FOR**

REG. \$2.89/EA

**SAPSUCKER**

Sparkling Water 355ml



**3\$6.66 FOR**

REG. \$2.49/EA

**JARRITOS**

Soda 370ml



**\$6.66 /EA**

REG. \$7.59/EA

**MRS RENFROS SALSAS**

All Flavours 473ml



**\$9.99 /EA**

REG. \$10.69/EA

**MARY'S ORGANIC**

Cheeze Crackers

120g



**\$4.44 /EA**

REG. \$5.99/EA

**L'OCA DRIED PASTA**

500g



**\$3.33 /EA**

REG. \$3.99/EA

**L'OCA PASSATA**

720ml



**\$9.99 /EA**

REG. \$10.99/EA

**SAWMILL**

Sesame Steak Sauce 350ml



**\$6.66 /EA**

REG. \$7.89/EA

**CHOLULA HOT SAUCES**

150ml



# DAIRY

**\$7.77 /EA**

REG. \$7.89/EA

**L'OCA CHEESE CURDS**

All Flavours

200g



**\$6.66 /EA**

REG. \$7.99/EA

**L'OCA SOUR CREAM**

500g



**\$5.55 /EA**

REG. \$6.49/EA

**CASTELLO**

Cheese Slices

165g



**\$7.77 /EA**

REG. \$8.99/EA

**YOGGU!**

Plant-Based Yogurt

450g



**\$5.55 /EA**

REG. \$5.99/EA

**FOOTHILLS**

Garlic Butter

250g



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NEW CLASSES ARE BEING ADDED ALL THE TIME!



MAY 10 | 1-4PM  
**BUTCHERY  
BEEF 101**



MAY 16 | 6-9PM  
**MASTERING  
PASTA SAUCE**



MAY 23 | 6-9PM  
**MASTERING  
SOURDOUGH**



MAY 26 | 6-8PM  
**SHAKE IT UP:  
MARGARITAS**

AND MANY MORE! FIND THEM AT [LOCA.CA/CLASSES-EXPERIENCES](https://LOCA.CA/CLASSES-EXPERIENCES)



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GOURMET MEALS'  
SUPPER  
SERIES

Use code 5OFFSUPPER

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L'OCA<sup>™</sup>  
QUALITY MARKET

Items advertised may not be exactly as shown. Prices do not include taxes, deposits, and environmental levies. Offers are subject to change and may be withdrawn without notice. All purchases are subject to availability at the time of sale. Rain checks are not issued. Sale items are valid from May 8 - May 21 2025. See in-store for more details.

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