

GOURMET MEALS'
SUPPER SERIES

L'OCA's team of chefs do all the cooking,
so you can take all the credit.



Available every
2 weeks our chefs
prepare a full
feast featuring
different
regions

STEP 1

With just a few clicks
select your Gourmet
Supper Series,
with meal options
perfectly portioned
for 2 or 4 people.

STEP 2

Simply pay online
and choose your
preferred location,
pick-up date and
time. It's as simple
as that!

STEP 3

Let our talented chefs
take care of the rest!
We'll prepare, package
and have everything
ready for your chosen
pickup time.

**NOW 2
LOCATIONS**

LOCA.CA

SHERWOOD PARK

340 Baseline Road
Hours: 7:30 am - 9 pm

Call/Text: (587) 871.5622

EDMONTON

9106 142 Street
Hours: 7 am - 9 pm

Call/Text: (780) 490.3737

GOURMET MEALS' SUPPER SERIES

Take a break from cooking! Treat yourself to a chef-prepared gourmet supper at home, without lifting a finger! The Gourmet Supper Series presents a new, fully-cooked chef-prepared meal each week to be enjoyed in the comfort of your own home.

Southern Barbeque Feast

MARCH 7, 8, 9

- Brisket
- Pulled Pork
- Pork Ribs
- Cornbread
- Slaw
- Slow Cooked Beans
- Potato Salad
- Pickles
- Sauces



\$89

/2 people

\$159

/4 people

Middle Eastern Mezze Dinner

MARCH 21, 22, 23

- Shawarma
- Pita Bread
- Falafel
- Hummus
- Muhammara
- Grilled Haloumi
- Baklava
- Fresh Toppings: tomatoes, lettuce, pickles, red onion, cucumber



STEP 1

Order Online

STEP 2

Choose Your Pick-up Date & Time

STEP 3

Pickup At Deli Counter



Order Here!

ORDER ONLINE: [SHOP.LOCA.CA](https://shop.loca.ca)

GOURMET MEALS

Over 200 Meals... Salads, Soups, Pizza, Pasta, Sushi + So Much More! *Made From Scratch Everyday.*

ORO FRESH PASTA

Semolina, made with from coarsely ground top graded durum wheat, harvested & milled right here in the prairies

BUY ANY FRESH ORO PASTA SAUCE, GET AN ORO PASTA FOR 20% OFF

LONG & THIN



SPAGHETTI

\$4.49
/ea

PAIR WITH

MEATBALLS & MARINARA



\$14.89
780ml

LINGUINE

\$4.49
/ea

PAIR WITH

CACIO E PEPE



\$11.89
500ml

TUBES & TWISTS



RIGATONI

\$4.49
/ea

PAIR WITH

ARRABBIATA



\$8.89
700ml

FUSILLI

\$4.49
/ea

PAIR WITH

BOLOGNESE



\$14.89
780ml

STUFFED PASTA



WHITE TRUFFLE POTATO & LEEK RECTANGOLI

\$8.49
/ea

PAIR WITH

ALFREDO



\$11.89
500ml

ITALIAN SAUSAGE RAVIOLI

\$8.49
/ea

PAIR WITH

ROSÉ



\$7.89
500ml

L'OCA SALADS

Our chef-prepared salads are made in-house daily, using the freshest ingredients.

CHICKEN COBB SALAD



\$14.89

BEET & RASPBERRY SALAD



\$14.89

THAI CRUNCH SALAD with Blackened Chicken



\$17.89

CAESAR SALAD with Blackened Chicken



\$14.89

L'OCALÉ

CAFE & GELATERIA



Have you tried our **L'OCACCINOS**

Rich, creamy, and perfectly chilled
Available in three delicious flavours
(vanilla, mocha & dirty chai)

✦ WANT IT FROZEN?
JUST ASK AND WE'LL BLEND IT UP ✦

Pairs well with

L'OCA JUMBO COOKIES

Decadent and delicious—the perfect match for any of our coffees



CHOCO CHUNK



BLACK VELVET



PECAN CARAMEL



SMORES



PEANUT BUTTER

2\$7
FOR
Reg. \$4.99/ea

DRIP COFFEE

Bring your own cup,
get coffee for

\$2.00



12 oz drip coffee only

PASTRIES

THE RECIPE FOR OUR "World Class" SOURDOUGH IS SIMPLE

Combine 3 Ingredients: Flour, Salt, & Water. Proof 36 Hours. Baked Fresh Daily.
No Preservatives. Not Additives. Just Goodness

SAVE
\$2



L'OCA **DARK RYE SOURDOUGH**

Hearty and full of flavour

\$7.00

Reg. \$9.00/ea



L'OCA GRANOLA

\$10

Reg. \$12.00

OUR BAKERS craft our granola from scratch using real, wholesome ingredients. Available in three flavours, it's perfect for sprinkling over yogurt, pairing with milk, or enjoying straight by the handful!

OG

PARADISO

CRANBERRY & COCONUT

NEW



L'OCA CUPCAKES

\$9.99
/ 4PK

Reg. \$13.99/4PK

Try our delicious cupcakes, made fresh in small batches every day!

LEMON RASPBERRY

CHOCOLATE

VANILLA

BANOFFEE PIE

CINNAMON

OREO

PEANUT BUTTER APPLE



PETITE CAKES

2\$12
FOR

Reg. \$8.99/ea

Handcrafted in-store by our bakers. Almost too beautiful to eat—but once you take a bite, you'll be glad you did.

HAZELNUT PRALINE
PARIS BREST

BERRY FRANGIPANE
TART

NEED A CUSTOM CAKE?
OR LARGE PASTRY ORDER?

Contact our Bakery team
EMAIL: bakery@loca.ca

THE BUTCHER

ALBERTA CROSS RIB ROASTS & STEAKS



\$12.99 /LB
\$28.64/kg

Reg. \$15.83/lb (\$34.90/kg)

OUR BUTCHERS TIPS FOR THE PERFECT CROSS RIB ROAST

1. Liberally season roast with one of our Butcher's Spice Blends. Place on roasting tray fat-side up.
2. Set oven to 425°F. Place roast in oven for 15 minutes. Without opening the oven, turn temperature down to 225°F.
3. Roast until desired doneness is reached. For medium rare, pull roast at an internal temp of 127°F. Approximately 30 – 45 minutes.

Perfect Match



L'OCA BUTCHER SPICE BLENDS

\$11.99 /EA

BUTCHERS HAND-SELECTED 100% ALBERTA BEEF FROM LOCAL FARMS. THE FRESHEST, HIGHEST-QUALITY CUTS EVERY TIME



\$7.49 /LB
\$16.51/kg

Reg. \$9.03/lb (\$19.90/kg)

BEEF STEW



\$8.99 /LB
\$19.82/kg

Reg. \$10.84/lb (\$23.90/kg)

BEEF STIR FRY



\$10.99 /LB
\$24.23/kg

Reg. \$12.95/lb (\$28.49/kg)

AAA INSIDE ROUND ROASTS & STEAKS

OUR PORK IS SUSTAINABLY RAISED & SOURCED FROM LOCAL FARMS



\$5.99 /LB
\$13.21/kg

Reg. \$7.23/lb (\$15.90/kg)

BONELESS SKINLESS PORK LOIN ROAST



\$6.49 /LB
\$14.31/kg

Reg. \$7.50/lb (\$16.49/kg)

BONELESS PORK CHOPS



\$5.49 /LB
\$12.11/kg

Reg. \$6.77/lb (\$14.90/kg)

BONELESS PORK SHOULDER

FRESH LOCAL CHICKEN. ANTIBIOTIC FREE



\$9.49 /LB
\$20.92/kg

Reg. \$11.29/lb (\$24.90/kg)

CHIMICHURRI CHICKEN BREAST



\$9.49 /LB
\$20.92/kg

Reg. \$11.29/lb (\$24.90/kg)

YUCATAN CHICKEN BREAST



\$7.99 /LB
\$17.61/kg

Reg. \$8.97/lb (\$19.78/kg)

BONELESS SKINLESS BREAST

LOOKING FOR A SPECIFIC CUT?
NEED A LARGER ORDER?

Contact our Butcher team
EMAIL: butcher@loca.ca

FRESH ALBERTA PRODUCE

TAYLOR FARMS SALADS

2\$11 FOR

REG. 6.99/EA
ALL TAYLOR FARMS SALADS



L'OCA BERRIES

SAVE \$2

REG. 6.99/EA
STRAWBERRIES



2\$8 FOR

REG. 5.99/EA
RASPBERRIES



2\$6 FOR

REG. 6.99/EA
BLACKBERRIES



2\$8 FOR

REG. 6.99/EA
BLUEBERRIES



SIP, SNACK, SMELL THE L'OCA GOODNESS!

\$9.00 /473ML

REG. 10.00/EA

OCEAN POTION JUICE

Ingredients:
Grapes, blueberries, apples, lime, coconut water & blue spirulina



\$3.00

THE DAILY LUNCH CRUNCH



?

DID YOU KNOW?

Rotating 16oz fruit & veg cups for the set low price of **\$3.00 Everyday!**

\$9.99

MINI MARKET BOUQUET



15% OFF

ONE DAY SPECIAL

ALL SINGLE STEMS



MARCH 8TH
INTERNATIONAL
WOMEN'S DAY
SPECIAL

DELI

\$5.99 /100G

REG. 6.99/100G

CAVE AGED GRUYERE



SAVE \$1

REG. 6.99/200G

TRE STELLE CREAM CHEESE

All Flavours



2\$10 FOR

REG. 5.99/125G

CASTELLO CHEESE

Danish Brie & Camembert



15% OFF

REG. 3.98/100G

LILYDALE TURKEY BREAST

Select Varieties



NEED A CUSTOM CHARCUTERIE PLATTER?

We'll craft the perfect arrangement, tailored to any group size.

*24 hour notice for custom platters

Contact our Deli team

EMAIL: Deli@loca.ca

SNACKS

2\$8
FOR

REG. \$4.59/EA

BARBARA'S CHEEZ PUFFS
All Flavours - 198g



2\$8
FOR

REG. \$5.39/EA

HUMBLE POTATO CHIPS
All Flavours
135g



2\$7
FOR

REG. \$3.99/EA

BITES OF TANG
Rice Crisps
92g



2\$12
FOR

REG. \$6.99/EA

L'OCA TORTILLA CHIPS
All Flavours
350g



SAVE \$1

REG. \$7.99/EA

COW CHIPS
Chocolate Covered Chips
100g



2\$6
FOR

REG. \$3.49/EA

ALL HARIBO GUMMIES
Candy - 175g



SAVE \$1

REG. \$4.99/EA

LESSER EVIL POPCORN
142g



2\$7
FOR

REG. \$4.29/EA

FITBITE CHIPS
Cassava Chips
All flavours - 50g



BREAKFAST

SAVE \$2

REG. \$17.89/EA

L'OCA COFFEE BEANS
340g



SAVE \$2

REG. \$19.99/EA

ROASTI COFFEE BEANS
340g



2\$8
FOR

REG. \$4.79/EA

DILMAH TEA
40g



2\$10
FOR

REG. \$6.99/EA

STASH TEA



SAVE \$1

REG. \$7.99/EA

COW CHIPS
Chocolate Covered Chips
100g



2\$6
FOR

REG. \$3.49/EA

ALL HARIBO GUMMIES
Candy - 175g



SAVE \$1

REG. \$4.99/EA

LESSER EVIL POPCORN
142g



2\$7
FOR

REG. \$4.29/EA

FITBITE CHIPS
Cassava Chips
All flavours - 50g



SAVE \$2

REG. 8.49/EA

DOREST CEREALS
Muesli
560g



2\$10
FOR

REG. \$5.99/EA

BOB'S RED MILL
Oatmeal
500g



2\$7
FOR

REG. \$3.99/EA

SUSIE GLUTEN FREE
Pancake Mix
340g



SAVE \$1

REG. \$10.49/EA

CANADIAN HERITAGE
Organic Dark Robust Maple Syrup



DRINKS

3\$8
FOR

REG. \$3.99/EA

SARATOGA
Sparkling Carbonated Spring Water
820ml



2\$9
FOR

REG. \$5.49/EA

RIFFLE FX WATER
500ml



2\$8
FOR

REG. \$4.99/EA

POMME MD
Electrolyte Apple Juice
355ml



3\$7
FOR

REG. \$2.49/EA

JARRITOS Soda 370ml



COMFORT FOOD

SAVE \$1

REG. \$10.49/EA

MUM'S OKANAGAN HOT SAUCE
All Flavours
500ml



SAVE \$1

REG. \$6.69/EA

CHICKAPEA PASTA
227g



SAVE \$1

REG. \$8.99/EA

YESHI FOODS
Salad Dressing
All Flavours
350ml



SAVE \$3

REG. \$12.99/EA

DAVE'S GOURMET
680g



DAIRY

SAVE \$2.50

REG. \$8.99/EA

DAIRYLAND
Butter
454g



2\$9
FOR

REG. \$6.99/EA

JOYYA MILK 1L



2\$8
FOR

REG. \$4.69/EA

VITAL GREEN FARMS YOGURT
500ml



SAVE \$1

REG. \$7.29/EA

L'OCA LARGE EGGS
12pk



SAVE \$1

REG. \$10.99/EA

FOOTHILLS ICE CREAM
All Flavours
1.4L



2\$10
FOR

REG. \$5.99/EA

L'OCA PASTA
All Shapes - 500g



2\$7
FOR

REG. \$3.99/EA

L'OCA PASSATA
720ml



SAVE \$4

REG. \$26.99/EA

MAISON ORPHEE
Extra Virgin Olive Oil
750ml



PYRO



JOIN US ON GAME DAY AS WE CHEER ON THE OILERS & SERVE UP UNBEATABLE GAME DAY SPECIALS!
SERVED 2 HOURS BEFORE & AFTER GAME TIME.

APPETIZERS

- Crispy BBQ / Hot Wings\$15
- L'OCA Chips\$5

ENTREES

- Steak Frites \$25
- All Pizzas \$2 off

GAME DAY FEAST

60-hour smoked brisket, house-made sausages, crispy chicken wings, creamy mac & cheese, coleslaw, fries
\$40 / Person (Min. order 2 People)

DRINKS

- SMALL L'OCA LAGER \$5
- LARGE L'OCAL LAGER \$8
- PITCHER OF L'OCA LAGER (2L)\$27
- JAGER OR JAMESON SHOTS | 1 OZ \$5
- WINE (7 OZ / 9 OZ)\$8/\$12
- Mezzacorona Pinto Grigio • Le Bijou De Sophie Valrose
- Zorzal Terroir Unico Malbec • Villa Marchesi Prosecco
- SANGRIA RED OR WHITE, MIMOSA \$8

BRUNCH HAPPY HOUR

10:30AM-12:00PM SAT-SUN

\$5 OFF
BRUNCH MAINS

\$2 OFF
BRUNCH COCKTAILS

\$10 OFF
MIMOSA BAR



ORO PRESENTS

High Tea

LAST SUNDAY OF EVERY MONTH

Enjoy an assortment of small, crustless Finger Sandwiches with various fillings, Fine Pastries, Scones, and a Spot of Tea.

SAVOURY

VOL AU VENT SMOKED SALMON

SMOKED SALMON, SHALLOTS, CAPERS, PARSLEY, MAYO, DILL, LEMON ZEST

CUCUMBER ROLLS

CUCUMBER, CREAM CHEESE, MINT, BASIL, WHITE BREAD

CHICKEN SALAD TARTELETTE

ROTISSERIE CHICKEN, CELERY, GREEN APPLE, COTTAGE CHEESE, LEMON, CRISPY BACON, FRIED LEEKS

EASTERN BITE

FILO PASTRY TARTELETTE, HERB & GARLIC HUMMUS, MEDITERRANEAN GRILLED VEGGIES, ALFALFA SPROUTS

SWEET

LEMON MERINGUE TARTS

BROWNIES

MACARONS

SCONES

STRAWBERRY JAM

WHIPPED CREAM



BOOK NOW!



Book Your Reservation Now

780.577.9675
pyroinfo@loca.ca

340 Baseline Road
Sherwood Park, AB T8H 2N4

pyrogrill.ca

Mon/Tues: 11:30 am - 11 pm
Weds/Thurs: 11:30 am - 12 pm
Friday: 11:30 am - 1 am
Saturday: 10:30 am - 1 am
Sunday: 10:30 am - 11 pm

RESERVE YOUR SPOT TODAY

780.479.2271
oroinfo@loca.ca

340 Baseline Road
Sherwood Park, AB T8H 2N4

orotrattoria.ca

Hours:

Sat to Sun: 11:30 am - 10 pm
ORO After Dark: 9 pm - 12 pm

SHERWOOD PARK!

We've expanded our Pizzeria & Rotisserie **AND** added

A **BURGER BAR**

**OPEN
11 - CLOSE
EVERYDAY**



Our new Smash Burgers are ridiculously good!

What makes them so good? *The ingredients.* Our butchers grind our patties fresh everyday using the highest quality meat from North Country Farms. And the secret sauce? Well, that's a secret. But trust us, it's really good.

Try it March 7th

We guarantee you will love it, or we'll give you your money back.

NEW DELI SANDWICH BAR

Available At Both Locations | Now Serving At 142

Opening March 7th at our Sherwood Park location

We're taking the sandwich game to new a levels. Our meats are smoked and prepared in-house, we source the freshest veggie toppings, and our sourdough is baked just 20 feet away from the sandwich bar. Freshness you can't beat!



**FIRST RESPONDERS
RECEIVE 10% OFF**

While On Duty
At Our Café or Sandwich Bar

L'OCA
QUALITY MARKET

Items advertised may not be exactly as shown. Prices do not include taxes, deposits, and environmental levies. Offers are subject to change and may be withdrawn without notice. Sale items are valid from February 27 - March 12, 2025. See in-store for more details.

LOCA.CA