

# L'OCA<sup>TM</sup>

QUALITY MARKET

VALID  
FEB 13 - FEB 26

Enjoy Quality Food At  
Everyday Prices You'll Love

L'OCA A2 YOGURT  
\$6.49 /650ml



QUALITY  
FOR LESS

EVERYDAY

AVOCADOS  
3\$5  
FOR 5

TRADITIONAL  
FRENCH BAGUETTE  
\$3

LOOK FOR THE BADGE IN-STORE!

NOW 2  
LOCATIONS

LOCA.CA

SHERWOOD PARK  
340 Baseline Road  
Hours: 7:30 am - 9 pm

Call/Text: (587) 871.5622

EDMONTON  
9106 142 Street  
Hours: 7 am - 9 pm

Call/Text: (780) 490.3737



# TWO LOCATIONS, SAME L'OCA QUALITY

NOW SERVING SHERWOOD PARK & OUR BRAND-NEW WEST EDMONTON LOCATION!

- Wood-Fired Pizzeria & Hot Sandwich Bar
- Full-Service Butcher
- World-Class Bakery
- Café & Gelato Bar
- Deli – Local & Global Meat & Cheeses
- All Your Grocery Essentials, Every Day!

**ONLY IN SHERWOOD PARK:** Restaurants - ORO: Modern Italian | PYRO: Wood- Fired Grill

- Cooking Classes & Event Spaces
- Boutique Liquor Store



**EDMONTON**  
9106 142 STREET



**SHERWOOD PARK**  
340 BASELINE ROAD

**NOW OPEN!**

## L'OCA LOYALTY

BECOME A MEMBER TODAY

**\$1 = 1 POINT**



Sign Up Today!

**L'OCA LOYALTY PERKS – SHOP, EARN & REDEEM!**

Earn points EVERYWHERE in-store with every dollar you spend!



**500 Points**

**\$5 OFF**

Groceries  
At PYRO or ORO  
L'OCA Labs Classes  
At L'OCA Cellars

**1000 Points**

**\$15 OFF**

Groceries  
At PYRO or ORO  
L'OCA Labs Classes  
At L'OCA Cellars

**2000 Points**

**\$40 OFF**

Groceries  
At PYRO or ORO  
L'OCA Labs Classes  
At L'OCA Cellars

## L'OCA PRODUCTS



### L'OCA QUALITY. GUARANTEED.

If it has a L'OCA label on it, we GUARANTEE you'll love it. If you don't, just bring it back for a full refund—no questions asked.

#### L'OCA EGGS

Our eggs are free range, and are fed a GMO -FREE certified diet and are from right here in Nobelford AB.



#### L'OCA SNACKS, NUTS AND BULK

We source the best ingredients from local and small-scale global producers. We only carry products that we've tasted, tested, & use in our kitchens.



#### L'OCA MILK & YOGURT

L'OCA Milk is made from Alberta cows that are bred the natural way to produce A2 beta-casein protein, which is higher in protein and easier to digest.



#### L'OCA FRESH SQUEEZED JUICES

Our juice is squeezed fresh daily from the finest fruit. With 10+ flavors & a rotating seasonal option, there's always something fresh to sip!



#### GOURMET ENTRÉES SALADS, SOUPS & MORE!

Our Michelin-trained chefs craft everything in-house daily with quality local ingredients. Over 200+ options to choose from!



#### L'OCA SOURDOUGH

Our famous Country Sourdough is simple. We combine flour salt and water, proof for 36-hours and bake fresh, everyday. 7-days a week! No preservatives, no additives just goodness.



...or your money back!



# GOURMET MEALS

Over 200 Meals... Salads, Soups, Pizza, Pasta, Sushi  
+ So Much More! *Made From Scratch Everyday.*

## L'OCA ENTREES



**GOURMET LASAGNA**  
Weeknight Wonder • Oven Ready • Layers Of Comfort  
#Fan Favourite



**BUTTER CHICKEN**  
A Taste of India • Must-Try • Warm Spice Blend  
#L'OCA Pick



**CHICKEN FRIED RICE**  
Weeknight Wonder • Oven Ready • Layers Of Comfort  
#Family Classic



**MAC AND CHEESE**  
Comforting • Supper Staple • Everyone's Favourite  
#1 Bestseller

## L'OCA SOUP

Made with the freshest, highest-quality ingredients.  
Our house made soups are perfect for a quick meal.

**FORNO ROASTED TOMATO**



**\$9.99**  
750ml

**FOREST MUSHROOM**



**\$10.99**  
750ml

**ROTISSERIE CHICKEN NOODLE**



**\$9.99**  
750ml

**BROCCOLI CHEDDAR**



**\$9.99**  
750ml

**THAI CHICKEN & COCONUT**



**\$11.99**  
750ml

**GIVE'EM THE PICKLE**



**\$10.99**  
750ml

**BUY 1, GET 20% OFF THE 2<sup>ND</sup>**

## L'OCA SALADS

Our chef-prepared salads are made in-house daily, using the freshest ingredients.

**CHICKEN COBB SALAD**



**\$14.89**

**BEET & RASPBERRY SALAD**



**\$14.89**

**THAI CRUNCH SALAD**  
with Blackened Chicken



**\$17.89**

**CAESAR SALAD**  
with Blackened Chicken



**\$14.89**

## L'OCA DRESSINGS & SAUCES

### MORE CHOOSE FROM

**BUTTERMILK RANCH**



**\$10.49**  
473ml

**CAESAR**



**\$10.49**  
473ml

**CITRUS**



**\$10.49**  
473ml

**THAI LEMONGRASS**



**\$12.49**  
473ml

**PYRO KETCHUP**



**\$12.49**  
473ml

- Umami Dressing
- Greek Red Wine Vinaigrette
- Thai Peanut Sauce
- Thai Lemongrass Sauce
- PYRO Zesty BBQ Sauce
- Carolina Mustard Sauce
- Pineapple Sweet Chili Sauce
- PYRO Sweet & Sticky Sauce
- PYRO Housemade Ketchup

### 15+ EXTRUDED & STUFFED PASTAS

## ORO FRESH PASTA

MADE IN-HOUSE EVERYDAY

**FUSILLI**

**\$2.25**  
/100g



**BUCATINI**

**\$2.25**  
/100g



**RIGATONI**

**\$2.25**  
/100g



**SPINACH & HERB ORECCHIETTE**

**\$2.45**  
/100g



**BEETROOT GARGANELLI**

**\$2.45**  
/100g



## ORO FRESH PASTA SAUCE

**ROSÉ**



**\$7.00**  
500ml

**ALFREDO**



**\$11.89**  
500ml

**CACIO E PEPE**



**\$11.89**  
500ml

**ARRABBIATA**



**\$8.89**  
700ml

**BOLOGNESE**



**\$14.89**  
780ml

**MEATBALLS & MARINARA**



**\$14.89**  
780ml



# L'OCALÉ

## CAFE & GELATERIA



# GELATO HAPPY HOUR

ALL DAY! FAMILY DAY • FEB 17<sup>TH</sup>

Smooth and rich! Hand-crafted Gelato made in-store with 10+ flavours to choose from

**1 SCOOP \$2.75**  
~~REG \$5.50~~

**2 SCOOPS \$5.00**  
~~REG \$7.75~~



# PASTRIES



## L'OCA HANDCRAFTED CHOCOLATE BONBONS

Made with the finest chocolate and dangerously delicious.  
Consider yourself warned!



LONDON FOG



LEMON MERIGNUE



HAZELNUT PRALINE



CASSIS



DOUBLE CARAMEL



WHISKEY

**\$2.29**  
/EA  
Reg. \$2.75/ea



TRIPLE CHOCOLATE MOUSSE

**2\$12**  
FOR

Reg. \$8.99/ea



CHOCOLATE ECLAIRS

**2\$12**  
FOR

Reg. \$6.99/ea



ALMOND CROISSANT

**2\$9**  
FOR

Reg. \$5.99/ea



FOCACCIA GARLIC BREAD

**\$6.00**  
/EA

Reg. \$7.00/ea



# THE BUTCHER

BUTCHERS HAND-SELECTED 100% ALBERTA BEEF FROM A LOCAL FARMS. THE FRESHEST, HIGHEST-QUALITY CUTS EVERY TIME



**\$9.99 /LB**  
\$21.98/kg  
Reg. \$12.49/lb (\$27.48/kg)

AAA TOP SIRLOIN



**\$22.99 /LB**  
\$50.58/kg  
Reg. \$24.95/lb (\$54.90/kg)

AAA STRIPLOIN



**\$26.99 /LB**  
\$59.38/kg  
Reg. \$30.41/lb (\$66.90/kg)

ALBERTA BEEF FILLET

OUR HOUSE-MADE SAUSAGE IS CRAFTED FROM THE FRESHEST INGREDIENTS



BEEF JALAPENO CHEDDAR  
**\$2.99 /100G**



PORK KIELBASA SMOKIE  
**\$2.49 /100G**



PORK SAUSAGE  
**\$2.99 /100G**



PORK ANDOUILLE  
**\$2.49 /100G**

QUALITY FOR LESS EVERYDAY

GROUND IN-HOUSE DAILY USING THE BEST ALBERTA BEEF



**\$4.00 /EA**  
\$16.00/4 pk

6oz 80/20 BEEF BURGER PATTIES



**\$7.95 /LB**  
(\$17.50/kg)

LEAN GROUND BEEF



**\$8.50 /LB**  
(\$18.70/kg)

EXTRA LEAN GROUND BEEF

L'OCA SEAFOOD



**\$9.99 /EA**  
Reg. \$11.99

SHRIMP GYOZAS



**\$15.90 /LB**  
\$34.99/kg  
Reg. \$17.72/lb (\$38.99/kg)

ATLANTIC SALMON



**\$19.99 /LB**  
\$43.98/kg  
Reg. \$32.99/lb (\$72.58/kg)

LOBSTER CLAWS



**\$22.72 /LB**  
\$59.50/kg  
Reg. \$31.71/lb (\$69.90/kg)

BACON WRAPPED SCALLOPS

# FRESH ALBERTA PRODUCE

**\$10.00 /473 ML**

BERRY IN LOVE JUICE

Ingredients: Strawberry, Blueberry, Raspberry, Mango, Apple, Lemon & Basil



NEW!

SAVE **\$1**

REG. 5.99/EA

LOCAL GRAPE TOMATOES



SAVE **\$1**

REG. 6.99/EA

HOME ROOTS CARROTS



SAVE **\$1**

REG. 4.99/EA

MINI CUCUMBERS

1lb Bag



SAVE **\$1**

REG. 5.99/EA

ORGANIC CARROTS

2lb Bag



SAVE **\$1**

REG. 6.99/EA

ORGANIC RED ONIONS

3lb Bag



SAVE **\$2**

REG. 8.99/EA

LOCAL YELLOW COLUMBA POTATO

5lb Bag



**\$12.99 /LB**  
\$28.64/kg

REG. 14.99/LB (\$33.05/KG)

LOCAL RUSSIAN PURPLE GARLIC



SAVE **\$1**

REG. \$6.99/EA

ORGANIC YELLOW ONION

3lb Bag



**\$9.99 /LB**  
\$22.02/kg

REG. 11.99/LB (\$26.94/KG)

ORGANIC SUNCHOKES



SAVE **\$1**

REG. 4.99/EA

GENOVESE BASIL

28g



SAVE **\$1**

REG. 4.99/EA

LOCAL PEA SHOOTS



## DELI

**\$4.49 /100G**

RE. 5.98/100G

EMMENTAL KING CUT



**\$5.29 /100G**

REG. 6.29/100G

MANCHEGO 6 MONTHS



**\$1.79 /100G**

REG. 2.38/EA

EUROPEAN WIENERS REG



**\$6.29 /100G**

REG. 7.69/100G

PROSCIUTTO DI SAN DANIELE AOP 16 MONTHS





## DRINKS

**3\$6**  
FOR

REG. \$2.99/EA

**BLK BV**  
Sugar Free  
Beverage  
500ml



**2\$9**  
FOR

REG. \$6.99/EA

**GLACIAL SPRING  
WATER**  
4L



**3\$7**  
FOR

REG. \$2.89/EA

**SAPSUCKER**  
Sparkling Maple Water



**2\$6**  
FOR

REG. \$3.59/EA

**GURU**  
Energy Drink



## COMFORT FOOD

**SAVE  
\$1**

REG. 10.49/EA

**MUM'S OKANAGAN HOT  
SAUCE**  
All Flavours  
500ml



**SAVE  
\$2**

REG. 7.99/EA

**L'OCA  
BALSAMIC  
VINEGAR**  
250ml



**SAVE  
\$1**

REG. 8.99/EA

**YESHI FOODS**  
Salad Dressing  
All Flavours  
350ml



**SAVE  
\$1**

REG. 10.99/EA

**SAWMILL  
SESAME  
STEAK SAUCE**  
350ml



## SNACKS

**2\$10**  
FOR

REG. \$6.99/EA

**KGW KETTLE  
CORN**  
All Flavours



**2\$9**  
FOR

REG. \$5.39/EA

**HUMBLE POTATO  
CHIPS**  
All Flavours



**SAVE  
\$1**

REG. \$5.59/EA

**QUE PASA**  
Tortilla Chips  
All Flavours



**SAVE  
\$1**

REG. 6.99/EA

**L'OCA  
TORTILLA  
CHIPS**  
All Flavours



**SAVE  
\$1**

REG. 5.99/EA

**HERDEZ SALSA**  
All Flavours  
431ml



**SAVE  
\$2**

REG. 7.99/EA

**NAKED & SAUCY  
SOY SAUCE**  
473ml



**2\$7**  
FOR

REG. 3.99/EA

**L'OCA PASSATA**  
720ml



**SAVE  
\$2**

REG. 12.59/EA

**MAISON  
ORPHEE**  
Canola Oil  
500ml



**2\$6**  
FOR

REG. \$6.49/EA

**ZWICK'S PRETZELS**  
All Flavours  
140g



**2\$5**  
FOR

REG. \$4.99/EA

**HAWKINS  
CHEEZIES**  
210g



**3\$5**  
FOR

REG. \$2.49/EA

**HONEY STINGER**  
Energy Waffles



**3\$6**  
FOR

REG. \$2.59/EA

**BOB'S RED MILL**  
Oatmeal Bars  
50g



**2\$7**  
FOR

REG. \$2.59/EA

**STEFANO PASTA**  
All Shapes  
454g



**SAVE  
\$1**

REG. 5.99/EA

**WILDVINE**  
Pickled  
Vegetables  
591ml



**SAVE  
\$1**

REG. 11.99/EA

**BABA  
JENNY'S**  
Perogies  
750g



**SAVE  
\$1**

REG. 11.99/EA

**PINOCCHIO**  
Ice Cream  
946ml



## BREAKFAST

**SAVE  
\$2**

REG. \$17.89/EA

**L'OCA  
COFFEE  
BEANS**  
340g



**SAVE  
\$1**

**BREW TEA CO.**  
Select Teas



**SAVE  
\$3**

REG. \$21.29/EA

**TERRA BREADS**  
Granola



**2\$6**  
FOR

REG. \$3.59/EA

**TWO BEARS**  
Oat Beverage  
946ml



**2\$12**  
FOR

REG. \$8.99/EA

**DAIRYLAND**  
Butter  
454g



**SAVE  
\$1**

**L'OCA  
WHOLE  
MILK**  
2L/4L



**2\$12**  
FOR

REG. \$8.99/EA

**L'OCA GREEK  
YOGURT**  
500ml



**SAVE  
\$1**

REG. \$7.29/EA

**L'OCA LARGE EGGS**  
12pk



## DAIRY

# PYRO

STAMP YOUR CULINARY PASSPORT

# GLOBAL GRILL SERIES



## MENU

### ZENZEN

- Sunomono Crisp salad
- Tamagoyaki Delicately rolled omelette
- Tsukemono Assortment of 'pickled things'
- Chawanmushi Steamed egg custard

### SHOKUJI

- Yakitori Stir-fried short-grain rice
- Yakimeshi An assortment of skewers

## BOARDING PASS

YEG Edmonton **HND Japan**



Date **FEB 19, 2025**  
 Seat **340 BASELINE RD** Flight **002**

## RESERVE YOUR SEATS



780.577.9675  
pyroinfo@loca.ca

[pyrogrill.ca](http://pyrogrill.ca)

VISIT **PYRO & ORO** IN SHERWOOD PARK AT 340 BASELINE ROAD

# ORO

presents

# Taste of Italia



## UMBRIA

Date  
**FEB 27, 2025**

Destination  
**UMBRIA, ITALY**



### RESERVE YOUR SEATS

780.479.2271 | [oroinfo@loca.ca](mailto:oroinfo@loca.ca)

[orotrattoria.ca](http://orotrattoria.ca)

## MENU

### APPETIZER

Chickpea & chestnut soup

### SECONDI

Fresh pasta in a creamy white wine sauce with mushrooms & house-made pork sausage

### ENTREE

Tender 'drunken' chicken is marinated in Orvieto wine and grappa

# L'OCA

QUALITY MARKET

Items advertised may not be exactly as shown. Prices do not include taxes, deposits, and environmental levies. Offers are subject to change and may be withdrawn without notice. Sale items are valid from February 13 - February 26, 2025. See in-store for more details.

**LOCA.CA**